

# MONTPAK QUALITY VEAL

Kick start 2017 and get healthy. Choose healthy meats like Milk Fed Veal and Grain Fed Veal.



## PROTEIN<sup>1</sup>

Helps build strong muscles



## POTASSIUM<sup>2</sup>

Keeps fluids balanced in blood and tissue and helps in controlling blood pressure



## IRON<sup>1</sup>

Helps build red blood cells



## MAGNESIUM<sup>1</sup>

Factor in energy metabolism, tissue formation and bone development



## ZINC<sup>1</sup>

Contributes to the normal function of the immune system



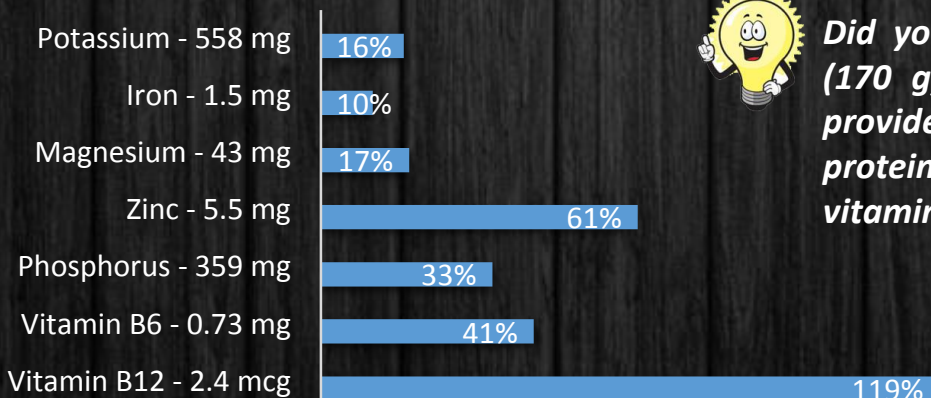
## PHOSPHORUS<sup>1</sup>

Factor in energy metabolism and factor in the formation and maintenance of bones and teeth



## VITAMINS B6 et B12<sup>1</sup>

Factor in energy metabolism



% of the Daily Value<sup>3</sup>



*Did you know that one 6 oz (170 g) serving of lean veal provides you with 34g of protein and much of your daily vitamin and mineral needs...*



[www.montpak.ca](http://www.montpak.ca)