MONTPAK QUALITY VEAL

Kick start the New Year and get healthy. Choose healthy meats like Milk Fed Veal and Grain Fed Veal.



OTEIN¹

Helps build strong muscles







Keeps fluids balanced in blood and tissue and helps in controlling blood pressure



Helps build red blood cells





Factor in energy metabolism, tissue formation and bone development



Contributes to the normal function of the immune system







61%

Factor in energy metabolism and factor in the formation and maintenance of bones and teeth



VITAMINS B6 et B12

Factor in energy metabolism

16%

10%

17%

Potassium - 558 mg Iron - 1.5 mg

Magnesium - 43 mg

Zinc - 5.5 mg

Phosphorus - 359 mg

Vitamin B6 - 0.73 mg

Vitamin B12 - 2.4 mcg



Did you know that one 6 oz (170 g) serving of lean veal provides you with 34g of protein and much of your daily vitamin and mineral needs...

It also has the lowest amount of saturated fats compared other red meats.

119%

% of the Daily Value³